

F0800: Staff Assessment of Daily and Activity Preferences

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Do not conduct if Interview for Daily and Activity Preferences (F0400-F0500) was completed

Resident Prefers:

↓ Check all that apply

- | | |
|--------------------------|--|
| ☐ | A. Choosing clothes to wear |
| ☐ | B. Caring for personal belongings |
| ☐ | C. Receiving tub bath |
| ☐ | D. Receiving shower |
| ☐ | E. Receiving bed bath |
| ☐ | F. Receiving sponge bath |
| ☐ | G. Snacks between meals |
| ☐ | H. Staying up past 8:00 p.m. |
| ☐ | I. Family or significant other involvement in care discussions |
| ☐ | J. Use of phone in private |
| ☐ | K. Place to lock personal belongings |
| ☐ | L. Reading books, newspapers, or magazines |
| ☐ | M. Listening to music |
| ☐ | N. Being around animals such as pets |
| ☐ | O. Keeping up with the news |
| ☐ | P. Doing things with groups of people |
| ☐ | Q. Participating in favorite activities |
| ☐ | R. Spending time away from the nursing home |
| ☐ | S. Spending time outdoors |
| ☐ | T. Participating in religious activities or practices |
| ☐ | Z. None of the above |

F0800: Staff Assessment of Daily and Activity Preferences (cont.)

Item Rationale

Health-related Quality of Life

- Alternate means of assessing daily preferences must be used for residents who cannot communicate. This ensures that information about their preferences is not overlooked.
- Activities allow residents to establish meaning in their lives. A lack of meaningful and enjoyable activities can result in boredom, depression, and behavioral symptoms.

Planning for Care

- Caregiving staff should use observations of resident behaviors to understand resident likes and dislikes in cases where the resident, family, or significant other cannot report the resident's preferences. This allows care plans to be individualized to each resident.

Steps for Assessment

1. Observe the resident when the care, routines, and activities specified in these items are made available to the resident.
2. Observations should be made by staff across all shifts and departments and others with close contact with the resident.
3. If the resident appears happy or content (e.g., is involved, pays attention, smiles) during an activity listed in **Staff Assessment of Daily and Activity Preferences** item (F0800), then that item should be checked.

If the resident seems to resist or withdraw when these are made available, then do not check that item.

Coding Instructions

Check all that apply in the last 7 days based on staff observation of resident preferences.